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| --- | --- |
| **Summary of Combined Risk Factors** | Description: Percentage of respondents with 0, 1-2, or 3-5 of the following risk factors |
| Instrument question: Current daily smoking Less than five servings of fruit and/or vegetables per day Not meeting WHO recommendations on physical activity for health (<150 minutes of moderate activity per week, or equivalent) Overweight or obese (BMI ≥ 25 kg/m2) Raised BP (SBP ≥ 140 and/or DBP ≥ 90 mmHg or currently on medication for raised BP). |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 1044 | 5.6 | 3.7 - 8.3 | 83.3 | 79.7 - 86.3 | 11.2 | 8.7 - 14.2 |
| 45-69 | 465 | 3.6 | 2.0 - 6.4 | 64.1 | 57.9 - 69.9 | 32.2 | 26.8 - 38.2 |
| **Total** | **1509** | **5.2** | **3.6 - 7.3** | **79.4** | **76.4 - 82.1** | **15.4** | **13.2 - 18.0** |
| Location |  |  |  |  |  |  |  |
| Rural | 1185 | 5.6 | 3.7 - 8.4 | 80.6 | 77.4 - 83.4 | 13.8 | 11.7 - 16.3 |
| Urban | 324 | 3.6 | 2.0 - 6.7 | 75.2 | 67.5 - 81.6 | 21.1 | 15.0 - 28.9 |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 1520 | 4.0 | 2.9 - 5.5 | 81.3 | 78.7 - 83.8 | 14.7 | 12.4 - 17.3 |
| 45-69 | 777 | 1.0 | 0.5 - 2.2 | 58.5 | 54.0 - 62.9 | 40.4 | 36.1 - 45.0 |
| **Total** | **2297** | **3.3** | **2.4 - 4.4** | **75.7** | **73.3 - 77.9** | **21.1** | **18.9 - 23.4** |
| Location |  |  |  |  |  |  |  |
| Rural | 1926 | 2.7 | 1.9 - 3.9 | 76.9 | 74.4 - 79.2 | 20.4 | 18.1 - 22.9 |
| Urban | 371 | 6.2 | 3.4 - 11.0 | 68.9 | 61.3 - 75.5 | 24.9 | 19.3 - 31.5 |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 2564 | 4.8 | 3.6 - 6.3 | 82.3 | 80.0 - 84.4 | 12.9 | 11.1 - 15.0 |
| 45-69 | 1242 | 2.2 | 1.4 - 3.5 | 61.0 | 57.0 - 64.9 | 36.8 | 33.0 - 40.8 |
| **Total** | **3806** | **4.2** | **3.3 - 5.4** | **77.5** | **75.6 - 79.3** | **18.3** | **16.7 - 20.0** |
| Location |  |  |  |  |  |  |  |
| Rural | 3111 | 4.1 | 3.1 - 5.5 | 78.6 | 76.7 - 80.4 | 17.3 | 15.7 - 19.0 |
| Urban | 695 | 4.7 | 2.8 - 7.6 | 72.7 | 66.8 - 77.8 | 22.7 | 18.0 - 28.1 |